

## Attending Physician's (AP) Checklist for Maine Death with Dignity Act

This document has been created to assist attending physicians with completing Maine Death with Dignity Act requirements. This document is not a legal substitute and is not part of state-required paperwork. Items are not necessarily listed in chronological order. Refer to the Maine Death with Dignity Act for complete details and for *legal definitions italicized in this check-sheet*. (http://legislature.maine.gov/legis/bills\_1129th/chapters/PUBLIC271.asp).

Patient Name:	
Patient initiated first verbal request to Attending Physician (AP)	Date:
□ Verified patient is an <i>adult resident of Maine</i> .	Date:
Verified patient has a terminal disease.	Date:
Determined patient is <i>competent and acting voluntarily</i> .	Date:
Determined patient is making an <i>informed decision</i> by notifying patient of:	
□ Diagnosis	Date:
□ Prognosis	Date:
Risks of ingesting medication	Date:
Probable results of ingesting medication	Date:
The feasible alternatives to taking the medication to be prescribed,	Date:
including palliative care and comfort care, hospice care, pain control and	
disease-directed treatment options.	
Advised patient s/he may rescind request at any time and in any manner.	Date:
Referred patient to consulting physician (CP) for medical confirmation of	Date:
diagnosis/prognosis and for determination that the patient is <i>competent</i> ,	
acting voluntarily, and has made an informed decision.	
Received CP <i>medical confirmation</i> of patient diagnosis, prognosis, and that	Date:
patient is competent, acting voluntarily, and has made an informed decision.	
□ IF REQUIRED, referred patient for <i>counseling with qualified mental health</i>	Date:
professional.	
F - <b>J</b>	Date:
Mental Health Professional counseling report received, and patient is:	
Cleared to request medication	
NOT CLEARED to request medication (STOPS PROCESS)	
Received:	
2 <sup>nd</sup> verbal request from patient (minimum of 15 days after 1 <sup>st</sup> verbal).	Date:
Written, witnessed request from patient.	Date:
48 hour wait period from date of written request ended:	Date:
Counseled patient to notify next of kin.	Date:
Counseled patient not to take medication in a public place.	Date:
Counseled patient to have someone present when taking medication.	Date:
Advised patient 2nd time that s/he may rescind request.	Date:
□ RX for anti-emetic:	Date:
RX for Maine Death with Dignity medication(s):	Date:
Dispensed medication directly to patient OR contacted pharmacist with	Date:
prescription.	
□ Initial State-required data submitted within 30 days of prescription date.	Date:
□ Final State-required data submitted within 30 days of patient death.	Date:

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